

## **Hickory Woods Happenings**

**By Annita Peeler**

**March 3<sup>rd</sup>, 2025**

It is wonderful to see the sunshine and much warmer temperatures! Mr. Alton has already tried out his seat on the front porch. It just makes one feel better to know most of the tough winter months are behind us and spring is right around the corner.

We've been celebrating Mardi Gras around here this week. We're not in New Orleans but we've brought New Orleans to us. Mitzi gave a very interesting presentation about cemeteries in New Orleans. Sounds morbid but it was eye opening just learning how they bury their dead. You never get too old to learn something new.

Friday, Desiree Heckard, who is from New Orleans, came and told us all about what it was like to live in New Orleans. We are glad she has joined us in Murray and we appreciate her coming and telling us about the culture in New Orleans. It's always better to talk to someone who has actually lived there. Our New Orleans week was topped off with a delicious King Cake that Nicole baked that we enjoyed for lunch on Friday.

We are looking forward to special training in our Gardens Memory Unit starting in March. Our Gardens Memory staff will all go through a new concept in dementia training. The program not only includes additional dementia training of staff but changing wall colors, furniture placement, etc. Amy Clark from Louisville, who is Senior Director of Dementia Programming for GoodWorks Unlimited will conduct the training.

We had two birthday guys this week Dwain McIntosh and Alton Swift. Mr. Dwain celebrated his 90th birthday. Happy Birthday to both of you!



