









# FEBRUARY HICKORY WOODS 2025 SENIOR LIVING ACTIVITY SHEET

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
 2 2:00 Church	3 9:30 Shopping Wal-Mart 2:00 Bible study 3:00 Hand and Foot	4 10:30 Silver Sneaker Chair Exercise 2:00 One Man Band Netflix Movie	5 Beauty Shop Day 10:30 Price is Right 2:00 Valentine Craft 3:00 Canasta	6 Beauty Shop Day 10:30 Chair Exercise 2:00 Devotion 6:30 Wheel of Fortune	7 10:30 Chair Yoga 2:00 Valentine Activity 3:00 Hand & Foot 7:00 Hallmark Movie	8 11:00 Crafts With Jill, candy and Clare
 9 2:00 Church	10 9:30 Shopping Wal-Mart 2:00 Bible Study 3:00 Hand and Foot	11 10:30 Silver Sneaker Chair Exercise 2:00 Valentines's Activity 7:00 Heartland	12 Beauty Shop Day 10:30 Resident Council 2:00 Bingo 3:00 Canasta	13 Beauty Shop Day 10:30 Silver Sneaker Chair Exercise 2:00 Devotion	14 12:00 Valentine's Lunch 2:00 Bobbi Bryant 6:30 Wheel of Fortune	15 
16 2:00 Church	17 9:30 Shopping Wal-Mart 2:00 Bible Study 3:00 Hand and Foot	18 10:30 Silver Sneaker Chair Exercise 2:00 Bingo 7:00 Heartland	19 Beauty Shop Day 10:30 Price is Right 2:00 Music-Dona Darnell 3:00 Canasta	20 Beauty Shop Day 10:30 Silver Sneaker Chair Exercise 2:00 Sing-A-Long	21  10:30 Chair Yoga 2:00 Band "Brerakn Even" 3:00 Hand and Foot	22 11:00 Bingo With Jill, candy and Clare
 23 2:00 Church	24 9:30 Shopping Wal-Mart 2:00 Bible Study 3:00 Hand and Foot	25 Beauty Shop Day 10:30 Silver Sneaker Chair Exercise 2:00 Travel club	26 Beauty Shop Day 10:30 Price is Right 2:00 Lora Lee Laughs	27 Beauty Shop Day 10:30 Silver Sneaker Chair Exercise 2:00 Devotion	28 10:30 Chair Yoga 2:00 Travel Club Mardi Gras 3:00 Hand & Foot	