














December 2024

HICKORY WOODS SENIOR LIVING ACTIVITY SHEET

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 9:30 Shopping Wal-Mart 2:00 Music-Marie Taylor 	3 10:30 Silver Sneaker Chair Exercise 2:00 One Man Band	4 Beauty Shop Day 10:30 Price is Right 2:00 Square Dancers	5 Beauty Shop Day 10:30 Silver Sneaker Chair Exercise 4:00 MSU Choir	6 10:30 Chair Yoga 2:00 Devotion 3:00 Hand & Foot	7 
8  2:00 Church	9 9:30 Shopping Wal-Mart 2:00 Bible study 3:00 Hand and Foot	10 10:30 Silver Sneaker Chair Exercise 2:00 Christmas Games Netflix Movie	11 Beauty Shop Day 10:30 Price is Right 2:00 Bingo 3:00 Canasta 	12 Beauty Shop Day 10:30 Chair Exercise 2:00 Devotion Hallmark Movie	13 10:30 Chair Yoga 2:00 Speaker Bobbie Smith Bryant 3:00 Hand & Foot	14 11:00 Crafts With Jill, candy and Clare
15  2:00 Church	16 9:30 Shopping Wal-Mart 2:00 Bible Study 3:00 Hand and Foot 	17 10:30 Silver Sneaker Chair Exercise 2:00 Christmas Craft 7:00 Heartland	18 Beauty Shop Day 10:30 Resident Council 2:00 Music-Dona Darnell 3:00 Canasta	19 Beauty Shop Day 10:30 Silver Sneaker Chair Exercise 2:00 Devotion	20 Pretty Nails 2:00 Piano Duet 6:30 Wheel of Fortune 	21 
22 2:00 Church	23 9:30 Shopping Wal-Mart 2:00 Bible Study 3:00 Hand and Foot	24 	25 	26 Beauty Shop Day 10:30 Silver Sneaker Chair Exercise 2:00 Devotion	27 10:30 Chair Yoga 2:00 Movie 3:00 Hand and Foot 	28 11:00 Bingo With Jill, candy and Clare
29  2:00 Church	30 9:30 Shopping Wal-Mart 2:00 Bible Study 3:00 Hand and Foot	31 Beauty Shop Day 10:30 Silver Sneaker Chair Exercise 2:00 New Years Party				