

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

NOVEMBER 2024

					1 Yoga  Devotion	2 
3  Holy Humor	4 Tai Chi  Holy Humor	5 Chair Exercise  Balloon Tennis	6 Tai Chi  Card Games	7 Chair Exercise  Carmel Apples	8 Yoga  Devotion	9 
10  Call Out Answer 	11 Tai Chi  Call Out Answer	12 Chair Exercise  Art Class	13 Tai Chi  Fall Crafts	14 Chair Exercise  Concentration Game	15 Yoga  Devotion	16 
17  Chicken Soup	18 Tai Chi  Chicken Soup	19 Chair Exercise  Puzzle Fun	20 Tai Chi  Bingo	21 Chair Exercise  Word Games	22 Yoga  Devotion	23 
24  Holy Humor	25 Tai Chi  Holy Humor	26 Chair Exercise  Resident Council Meeting	27 Tai Chi  One Man Band		29 Yoga  Devotion	30 

The Gardens @ Hickory Woods

