















# November 2024

# HICKORY WOODS SENIOR LIVING ACTIVITY SHEET

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
<p>Give Thanks with a Grateful Heart </p>					<p>10:30 Chair Yoga 2:00 Devotion 6:30 Wheel of Fortune</p>	<p>11:00 Bingo With Jill, Candy and Clare</p>
<p> 3 2:00 Church</p>	<p>9:30 Shopping Wal-Mart 2:00 Bible study 3:00 Hand and Foot</p> <p> 4</p>	<p>10:30 Silver Sneaker Chair Exercise 2:00 One Man Band Netflix Movie</p> <p>5</p>	<p>Beauty Shop Day 10:30 Price is Right 2:00 Laura Lee Life laughs</p> <p> 6</p>	<p>Beauty Shop Day 10:30 Chair Exercise 2:00 Devotion Hallmark Movie</p> <p>7</p>	<p>10:30 Chair Yoga 2:00 Speaker Bobbie Smith Bryant 3:00 Hand &amp; Foot</p> <p>8</p>	<p> 9</p>
<p> 10 2:00 Church</p>	<p>9:30 Shopping Wal-Mart 2:00 Bible Study 3:00 Hand and Foot</p> <p>16</p>	<p>10:30 Silver Sneaker Chair Exercise 2:00 Bird Facts 7:00 Heartland</p> <p> 12</p>	<p>Beauty Shop Day 10:30 Resident Council 2:00 Bingo 3:00 Canasta</p> <p>13</p>	<p>Beauty Shop Day 10:30 Silver Sneaker Chair Exercise 2:00 Devotion</p> <p>14</p>	<p>Pretty Nails 2:00 Juke Box Party 6:30 Wheel of Fortune</p> <p> 15</p>	<p>11:00 Crafts With Jill, candy and Clare</p> <p>16</p>
<p>17 2:00 Church</p>	<p>9:30 Shopping Wal-Mart 2:00 Bible Study 3:00 Hand and Foot</p> <p>18</p>	<p>10:30 Silver Sneaker Chair Exercise 2:00 Brandon Hallmark Movie</p> <p>19</p>	<p>Beauty Shop Day 10:30 Price is Right 2:00 Music 3:00 Canasta</p> <p> 20</p>	<p>Beauty Shop Day 10:30 Silver Sneaker Chair Exercise 2:00 Devotion</p> <p>21</p>	<p>10:30 Chair Yoga 11:00 Bingo 7:00 Hallmark Movie</p> <p> 22</p>	<p> 23</p>
<p> 24 2:00 Church</p>	<p>9:30 Shopping Wal-Mart 2:00 Bible Study 3:00 Hand and Foot</p> <p>25</p>	<p>Beauty Shop Day 10:30 Silver Sneaker Chair Exercise 2:00 Book Club</p> <p>26</p>	<p>Beauty Shop Day 10:30 Price is Right 2:00 Family Feud</p> <p> 27</p>	<p> 28</p>	<p>10:30 Chair Yoga 2:00 Devotion 3:00 Hand &amp; Foot 7:00 Hallmark Movie</p> <p>29</p>	<p>11:00 Bingo With Jill, candy and Clare</p> <p>30</p>