HICKORY WOODS SENIOR LIVING ACTIVITY SHEET 2024

S	unday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4	
-			10:30 Silver Sneaker	Beauty Shop Day	Beauty Shop Day	10:30 Chair Yoga	11:00 Crafts
A Standing	Charp.	Carlos Art	Chair Exercise	10:30 Price is Right	10:30 Chair Exercise	2:00 Coke Floats	With Jill, candy and
have			2:00 One Man Band	2:00 Book Club	2:00 Devotion	6:30 Wheel of Fortune	Clare
			7:00 Netflix Movie	3:00 Canasta	3:00 Canasta		7
Å	6	7	8	9	10		
		9:30 Shopping	10:30 Silver Sneaker	Beauty Shop Day	Beauty Shop Day	10:30 Chair Yoga	Family Time
		Wal-Mart	Chair Exercise	10:30 Price is Right	10:30 Chair Exercise	2:00 Bobbie Bryant	
	2:00 Church	2:00 Bible Study	2:00 Never Have I Ever	2:00 Bingo 🛛 🏑	2:00 Devotion	7:00 Hallmark Movie	GNNA
		3:00 Hand and Foot	7:00 Netflix Movie	3:00 Canasta 🫛 🧔	3:00 Cards		
	13	14	15	16	17	18	
		9:30 Shopping 🛛 🔿 💗	10:30 Silver Sneaker	Beauty Shop Day	Beauty Shop Day	Pretty Nails	11:00 Crafts
		Wal-Mart 🛛 🔶 🙅	Chair Exercise	10:30 Resident Council	10:30 Silver Sneaker	2:00 Bingo	Candy, Clare and Jill
	2:00 Church	2:00 Brandon Lee	2:00 Flu Shots	2:00 Donna Darnell	Chair Exercise	6:30 Wheel of Fortune	
		3:00 Hand and Foot	7:00 Heartland	3:00 Canasta	2:00 Sing A-Long		
	20	21	22	P 23	24	25	
		9:30 Shopping	10:30 Chair Exercise	Beauty Shop Day	Beauty Shop Day	10:30 Chair Yoga	
		Wal-Mart	2:00 Farkle	10:30 Price is Right	10:30 Silver Sneaker	11:00 Eat Out	
	2:00 Church	2:00 Bible Study	4:00	2:00 Singing With	Chair Exercise	7:00 Hallmark Movie	
		3:00 Hand and Foot	Weiner Roast	Elmer	2:00 Devotion		*
	27	28	29	30	31		K
		:30 Shopping	10:30 Silver Sneaker	Beauty Shop Day	Beauty Shop Day		
		Wal-Mart	Chair Exercise	10:30 Price is Right	10:30 Chair Exercise		
	2:00 Church	2:00 Bible Study	2:00 Book Club	2:00 Bingo	2:00 Halloween Party		
		3:00 Hand and Foot	3:00 Canasta	3:00 Canasta	3:30 Trick or Treaters		

October