














# October

# HICKORY WOODS SENIOR LIVING ACTIVITY SHEET 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		10:30 Silver Sneaker Chair Exercise 2:00 One Man Band 7:00 Netflix Movie	Beauty Shop Day 10:30 Price is Right 2:00 Book Club 3:00 Canasta 	Beauty Shop Day 10:30 Chair Exercise 2:00 Devotion 3:00 Canasta	10:30 Chair Yoga 2:00 Coke Floats 6:30 Wheel of Fortune 	11:00 Crafts With Jill, candy and Clare
 2:00 Church	9:30 Shopping Wal-Mart 2:00 Bible Study 3:00 Hand and Foot	10:30 Silver Sneaker Chair Exercise 2:00 Never Have I Ever 7:00 Netflix Movie	Beauty Shop Day 10:30 Price is Right 2:00 Bingo 3:00 Canasta 	Beauty Shop Day 10:30 Chair Exercise 2:00 Devotion 3:00 Cards	10:30 Chair Yoga 2:00 Bobbie Bryant 7:00 Hallmark Movie 	Family Time <b>FUN DAY</b>
 2:00 Church	9:30 Shopping Wal-Mart  2:00 Brandon Lee 3:00 Hand and Foot	10:30 Silver Sneaker Chair Exercise 2:00 Flu Shots 7:00 Heartland	Beauty Shop Day 10:30 Resident Council 2:00 Donna Darnell 3:00 Canasta 	Beauty Shop Day 10:30 Silver Sneaker Chair Exercise 2:00 Sing A-Long	Pretty Nails 2:00 Bingo 6:30 Wheel of Fortune 	11:00 Crafts Candy, Clare and Jill
2:00 Church	9:30 Shopping Wal-Mart 2:00 Bible Study 3:00 Hand and Foot	10:30 Chair Exercise 2:00 Farkle 4:00 Weiner Roast	Beauty Shop Day 10:30 Price is Right 2:00 Singing With Elmer	Beauty Shop Day 10:30 Silver Sneaker Chair Exercise 2:00 Devotion 	10:30 Chair Yoga 11:00 Eat Out 7:00 Hallmark Movie 	<b>FUN DAY</b>
 2:00 Church	9:30 Shopping Wal-Mart 2:00 Bible Study 3:00 Hand and Foot	10:30 Silver Sneaker Chair Exercise 2:00 Book Club 3:00 Canasta	Beauty Shop Day 10:30 Price is Right 2:00 Bingo 3:00 Canasta	Beauty Shop Day 10:30 Chair Exercise 2:00 Halloween Party 3:30 Trick or Treaters	