










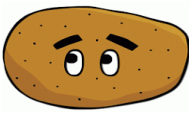


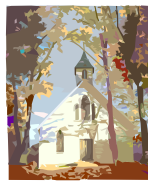

















Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2 <i>Tai Chi</i> 	3 <i>Chair Exercise</i>  <i>Puzzle Fun</i>	4 <i>Sit and Be Fit</i>  <i>Holy Humor</i>	5 <i>Chair Exercise</i>  <i>Ice Cream Party</i>	6 <i>Yoga</i>  <i>Devotion</i>	7 
8 	9 <i>Tai Chi</i>  <i>Coke Floats</i>	10 <i>Chair Exercise</i>  <i>Bingo</i>	11 <i>Sit and Be Fit</i>  <i>Word Games</i>	12 <i>Chair Exercise</i>  <i>Hot Potato</i>	13 <i>Yoga</i>  <i>Devotion</i>	14 
15 	16 <i>Tai Chi</i>  <i>Bible Study</i>	17 <i>Chair Exercise</i>  <i>Art Class</i>	18 <i>Sit and Be Fit</i>  <i>Chicken Soup</i>	19 <i>Chair Exercise</i>  <i>Singing</i>	20 <i>Yoga</i>  <i>Devotion</i>	21 
22 	23 <i>Tai Chi</i>  <i>Bible Studies</i>	24 <i>Chair Exercise</i>  <i>Resident Council</i>	25 <i>Sit and Be Fit</i>  <i>One Man Band</i>	26 <i>Chair Exercise</i>  <i>Balloon Tennis</i>	27 <i>Yoga</i>  <i>Devotion</i>	28 
29 	30 <i>Tai chi</i>  <i>COME JOIN OUR BIBLE Study</i>	<i>Gardens @ Hickory Woods</i>		<h1>September 2024</h1>		