















SEPTEMBER 2024

HICKORY WOODS SENIOR LIVING ACTIVITY SHEET

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1  2:00 Church	2 	3 10:30 Silver Sneaker Chair Exercise 2:00 One Man Band 7:00 Netflix Movie 	4 Beauty Shop Day 10:30 Price is Right 2:00 Ice Cream Social 3:00 Canasta	5 Beauty Shop Day 10:30 Chair Exercise 2:00 Devotion 3:00 Cards	6 10:30 Chair Yoga 2:00 Speaker Bobbie Smith Bryant 6:30 Wheel of Fortune	7 11:00 Crafts With Jill, candy and Clare
8  2:00 Church	9 9:30 Shopping Wal-Mart  2:00 Brandon Lee 3:00 Hand and Foot	10 10:30 Silver Sneaker Chair Exercise 2:00 My Generations Netflix Movie	11 Beauty Shop Day 10:30 Price is Right 2:00 Bingo 3:00 Canasta 	12 Beauty Shop Day 10:30 Chair Exercise 2:00-4:00 Grand Re-Opening	13 10:30 Chair Yoga 2:00 Devotion 3:00 Hand & Foot 7:00 Hallmark Movie	14 
15  2:00 Church	16 9:30 Shopping Wal-Mart 2:00 Bible Study 3:00 Hand and Foot	17 10:30 Silver Sneaker Chair Exercise  2:00 Movie 7:00 Heartland	18 Beauty Shop Day 10:30 Resident Council 2:00 Music 3:00 Canasta	19 Beauty Shop Day 10:30 Silver Sneaker Chair Exercise 2:00 Sing A-Long	20 Pretty Nails 2:00 Bingo 6:30 Wheel of Fortune 	21 11:00 Crafts With Jill, candy and Clare
22 2:00 Church	23 9:30 Shopping Wal-Mart 2:00 Bible Study 3:00 Hand and Foot	24 10:30 Silver Sneaker Chair Exercise 2:00 Book Club Activity Room	25 Beauty Shop Day 10:30 Price is Right 2:00 3:00 Canasta 	26 Beauty Shop Day 10:30 Silver Sneaker Chair Exercise 2:00 Devotion	27 10:30 Chair Yoga 11:00 Out To Eat 7:00 Hallmark Movie 	28 
29  2:00 Church	30 9:30 Shopping Wal-Mart 2:00 Bible Study 3:00 Hand and Foot	