





















March

HICKORY WOODS SENIOR LIVING ACTIVITY SHEET 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Pretty Nails 10:30 Chair Yoga 2:00 Deal or No Deal	2 
3  2:00 Church	4 9:30 Shopping Wal-Mart 2:00 Bible Study 3:00 Hand and Foot	5 10:30 Silver Sneaker Chair Exercise 2:00 One Man Band 7:00 Netflix Movie 	6 Beauty Shop Day 10:30 Price is Right 2:00 Sweet & Treat	7 Beauty Shop Day 10:30 Chair Exercise 2:00 Devotion 3:00 Card Game 	8 10:30 Chair Yoga 2:00 Popcorn Party 7:00 Hallmark Movie	9 9:30 Meet and Greet Gideons
10  2:00 Church	11 9:30 Shopping Wal-Mart 2:00 Bible Study 3:00 Hand and Foot	12 10:30 Silver Sneaker Chair Exercise 2:00 Dairy Queen 7:00 Heartland 	13 Beauty Shop Day 11:00 Resident Council 2:00 Bingo 7:00 Netflix	14 Beauty Shop Day 10:30 Silver Sneaker Chair Exercise 2:00 Devotion	15 10:30 Chair Yoga 2:00 St. Patrick's Day 6:30 Wheel of Fortune 	16 
17  2:00 Church	18 9:30 Shopping Wal-Mart 2:00 Bible Study 3:00 Hand and Foot 	19 10:30 Chair Exercise 2:00 NCAA Drawings 7:00 Hallmark Movie 	20 Beauty Shop Day 10:30 Price is Right 2:00 Easter Activity 3:00 Canasta	21 Beauty Shop Day 10:30 Silver Sneaker Chair Exercise 2:00 Sing A-Long	22 Pretty Nails 10:30 Chair Yoga 2:00 Bobbie Bryant 7:00 Netflix 	23 11:00 Bingo With Jill, candy and Clare 
24/31  2:00 Church	25 9:30 Shopping Wal-Mart 2:00 Bible Study 3:00 Hand and Foot	26 Dr. Clark 10:30 Silver Sneaker Chair Exercise 2:00 Book Club 7:00 Heartland	27 Beauty Shop Day 10:30 Price is Right 2:00 Bible Trivia 	28 Beauty Shop Day 10:30 Silver Sneaker Chair Exercise 2:00 Devotion	29 10:30 Chair Yoga 2:00 Easter Party 7:00 Hallmark Movie 	30 

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